

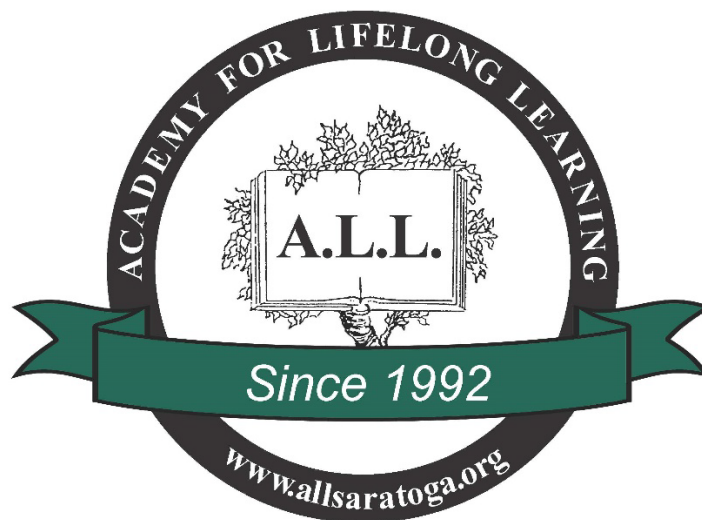
Academy for Lifelong Learning Saratoga Region
Educational Courses and Social Activities for Adults

2023 Spring Session 2

Registration is now open for 5-week courses

Session 2: May 15 – June 16

Sponsored by Prestwick Chase



*Courses & Social Activities
for Adult Learners*

Course Registration

Membership Application

Registrations will be accepted for open courses throughout the session.

Some courses will sell out.

Noncredit spring courses/study groups are offered on location in classrooms, outdoors, or by Zoom.

Academy for Lifelong Learning Saratoga Region, Inc
PO Box 4395, Saratoga Springs, NY 12866
Jeff Shinaman, Executive Director, 518-290-6988, Jeff@allsaratoga.org
Lora Brown, Office Manager, 518-290-6968, Lora@allsaratoga.org
Office Hours: Monday – Thursday, 8:30 a.m. to 2:30 p.m.
For more information on A.L.L., go to www.allsaratoga.org

WHAT IS THE ACADEMY?

The Academy is one of over 400 lifelong learning programs that share a mission to provide educational experiences for older adults. Membership is open to all persons upon payment of \$75 annual membership dues.

Founded in 1992, the Academy for Lifelong Learning Saratoga Region, Inc. (A.L.L.) is a self-funded, nonprofit membership organization whose members share enthusiasm for learning and socializing.

Despite valued affiliations, it is important to emphasize that the Academy is an independent entity with its own budget and is governed solely by its own membership. It could not function without the active involvement of the people who participate as members, students, volunteer study group leaders, donors, general volunteers, and paid staff who support the central academic mission.

- **Noncredit educational courses and social activities for older adults is what we do.**
- **If you have the time, we have activities that will excite and delight and make you smile!**
- **We are a community who enjoys being active and motivated.**
- **We aim to stimulate the mind and energize the body in classroom and social settings.**
- **If you're looking to meet like-minded people and forming new friendships, let's go!**
- **Following CDC guidelines.**

A.L.L.'S SPECIAL INTEREST GROUPS (SIGs)

The Academy's membership committee organizes Special Interest Groups (SIGs), which are offered by, and for, our members. Bridge, book discussion, theater, classical music, gardening, golf, cross-country skiing, snow shoeing and walking groups are examples. Please contact Lois Pflomm for more information: Lpflomm@yahoo.com.

ASSISTANCE

Assistance is available through The Pat Leonard Fund for those with financial need each semester on a confidential basis. To apply, send your request to: Executive Director, Academy for Lifelong Learning, PO Box 4395, Saratoga Springs, NY 12866.

ACADEMY MEMBERSHIP DUES AND PRIVILEGES ANNUAL MEMBERSHIP — \$75

Membership is for 365 days from the date you join.

COURSE FEE — \$50

Please see the last page of this brochure for your application and waiver.

Study Group Leaders receive a complimentary annual membership valued at \$75.

Academy Membership entitles you to the following benefits:

- Eligibility to enroll in courses all year long.
- Invitation to the Term Kick-Off events prior to the start of each term at the Knights of Columbus Saratoga
- Participation in the Academy's Clubs or Special Interest Groups
- Participation in all special events, trips and programs (Academy Extras)
- Free subscription to A.L.L. The News monthly newsletter and periodic communications.
- Opportunity to be an Academy volunteer and serve on Academy committees
- Eligibility to submit work to "The Apple Tree," the Academy's literary and art journal
- Invitation to, and vote at, the Academy's Annual Meeting Luncheon in June

Applications for spring courses are now being accepted by mail. Registration will continue until courses are filled. Registration is on a first come, first served basis. Send your registration in now. An email confirming your registration will be sent.

Attendance Policy: Study group leaders and speakers are volunteering their time to offer these educational courses and appreciate your attendance. Please let your study group leader and the Academy office know if you anticipate missing more than two classes.

ACCESSIBILITY

Most A.L.L. study groups, except for outdoor groups and meetings at homes, are handicapped accessible.

DONATIONS

As with other nonprofit organizations, A.L.L. membership dues and course fees are not sufficient to support the continued sustainability of the program. The Executive Council has established one fund for endowment and one for operational purposes. This enables donors to make contributions to fulfill our mission and maintain the caliber of programs members have come to expect. If you would like to join others in supporting the present and future of your organization, please indicate your contribution on the membership application. Please also consider making a bequest to the Academy for Lifelong Learning in your will.

Neither A.L.L. nor our class locations assume responsibility for bodily or personal injury or property damage in any way related to an A.L.L. field trip, Special Interest Group activity, study group, or special event. You are at your own risk. If carpooling, please choose drivers and passengers to your satisfaction.

A.L.L. STUDY GROUPS FOR SPRING 2023

Most courses are 90-minute, weekly sessions for five weeks unless otherwise noted. **No classes on May 29, Memorial Day**
This chart identifies: **Course Title and location**. Check descriptions for specific dates and times.

Session 2: 5 weeks, May 15 – June 16

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:30-11:00pm	Biology of Aging SUNY ADK	Local Authors Series SUNY ADK	The Picaresque Novel SUNY ADK	All That Jazz THE SUMMIT SOLD OUT	Local Walking Tours ON LOCATION
10:00am-1:00pm				Moreau Lake Interpretive Hikes	
11:30am-1:00pm	Great Decisions Part 2 SUNY ADK	Ins & Outs of Dining Out SUNY ADK	Enjoying Poetry: Writing and Reading SUNY ADK	Opera Fundamentals Saratoga Spa State Park	
1:30-3:00pm		Exploring Forgotten Crossroads of Saratoga County BROOKSIDE MUSEUM ----- Less Than Human: Eugenics, Immigration Restriction & Jim Crow PUCC ----- Walks in Nature with Wilton Wildlife Preserve & Park			
4:15-5:45pm				Advanced Italian PUCC	

SPRING 2023 STUDY GROUPS DESCRIPTIONS

Most study groups are five, 90-minute weekly courses May 15 – June 16 unless otherwise noted. Classes will not meet on Memorial Day. Courses limited to the number of students in parenthesis().

PLEASE CONSIDER SUPPORTING OUR LOCAL BOOKSTORES: BARNES & NOBLE AND NORTSHIRE WHEN PURCHASING BOOKS FOR ACADEMY COURSES.

SESSION 2: FIVE WEEKS, MAY 15 – JUNE 16**MONDAY SESSION 2**

May 15, 22, June 5, 12 (make-up to be scheduled for May 29)

BIOLOGY OF AGING (24) SUNY Adirondack Saratoga, 696 Route 9, Wilton

Mondays, 9:30 – 11am, May 15, 22, June 5, 12 (make-up to be scheduled for May 29, Memorial Day)

Aging is a normal process that, biologically speaking, begins before you are born. It is a continuous and irreversible process affecting all living things. But it does not have to be associated with a decline and loss of a productive, worthwhile life. Learn the most current data on geriatric science. The goal of the presentations will be to give you objective, scientific information on what aging really entails, and what can slow or speed it up. The five-part series considers the following: Week One: the biology of the aging process; Week Two: the physiology of, and organ systems affected by the aging process; Week Three: The neurological and psychological aspects of aging; Week Four: the social and spiritual aspects of aging; Week Five: strategies and lifestyles to keep our minds, bodies, and souls optimally active during the aging process: the facts vs. the fallacies

Leader: Dr. Gerald Stulc is a retired surgeon and medical researcher who has not only taken care of many senior patients through the years and been a caregiver for his own family, but he and his wife, also a physician, have done considerable research into the topic of aging. They have applied many of these concepts to their own lifestyle as a means to increase the quality of life through the aging process.

GREAT DECISIONS 2023: DISCUSSING CURRENT WORLD ISSUES, PART 2 (24) SUNY Adirondack Saratoga, 696 Route 9, Wilton, Mondays, 11:30am – 1:00pm, May 15, 22, June 5, 12 (NOTE: No Class May 29, Memorial Day)

Great Decisions is a program created by the Foreign Policy Association to help the average citizen develop a better understanding of important world issues. Participants will discuss current hot political topics using the 2023 Great Decisions briefing book and videos exploring additional facets on each issue. Discussion topics will be:

- Global Famine
- Iran at a Crossroads
- Climate Migration
- Conclusions/Final Discussions

Text and cost: “Great Decisions Briefing Book 2023” (\$35) Please obtain the book and complete the first topic in the book prior to the first class.

Leaders: Sue Stewart, Carol Forman-Pemberton, Ellen Sullivan

TUESDAY SESSION 2
May 16, 23, 30, June 6, 13

LOCAL AUTHOR SERIES (24) SUNY Adirondack Saratoga, 696 Route 9, Wilton Tuesdays, 9:30 – 11:00am, May 16, 23, 30, June 6, 13

Each week we'll hear from a different local author about their inspiration, process, and content.

May 16 Patricia A. Nugent writes to give voice to those who might otherwise be silenced. She's the author of the books *They Live On: Saying Goodbye to Mom and Dad*, and *Healing with Dolly Lama: Finding God in Dog*, as well as editor of the anthology *Before They Were Our Mothers: Voices of Women Born Before Rosie Started Riveting*. She is a long-time volunteer instructor at A.L.L.

May 23 Hollis Palmer Over the last twenty years, Hollis Palmer, PhD, has published fourteen books including *See and be Seen: Saratoga in the Victorian Era*, the winner of the Ruth Emery Award given by the Victorian Society of America for the best regional history book. To reach a wider audience and to increase interest in the history of Saratoga, Hollis switched from writing history to writing what he refers to as historical (almost) fiction. The difference is that many (not all) of the events actually happened but are told as stories. A storyteller since he was able to talk, Hollis is now immersed in the writing of book three, *Bankrupt*, of a seven-book series, *Gilded Saratoga*. This book features the Saratoga Gold rush – an incident that actually happened, yet most people have never heard of it. The series follows incidents that happened to five prominent Saratoga families from 1886 – 1925. The series features the Lathrops of Annandale, Lawton Villa, and Gunning Cottage; the Hansons of Clinton Cottage; the Davidsons of what is currently Saratoga Dreams on Union Avenue; and the Batchellers of the mansion named in their honor. Spoiler alert, the last book in the series is entitled *The Mess They Left Behind*.

May 30 Lale Davidson is a distinguished professor of writing at SUNY Adirondack and winner of the SUNY Chancellor's award for Excellence in Creative Activities. Red Penguin Books published her fabulist fiction collection *Strange Appetites*, including the winner of the Wigleaf top 50 of Very Short Fiction award, “The Opal Maker.” Her debut novel, *Blue Woman Burning* was released in 2021, *Against the Grain*, an environmental thriller with a mystical twist, in 2022, and *Beyond Sight*, a supernatural mystery based on Saratoga Springs history, is due out in October 2023. For more information visit Laledavidson.com.

June 6 Field Horne writes the history of communities and institutions making effective use of primary sources and is the author or editor of ten books including *The Saratoga Reader: Writing About an American Village, 1749–1900*. The reader includes short excerpts from over eighty diaries, letters, and travel books that reveal surprising details about daily life in our city when it was the world's tourist destination. He will explain the birth of his idea, the process of tracking down the documents, his method of editing and contextualizing, and read excerpts chosen to pique your interest in better understanding history.

June 13 Mary Sanders Shartle's novel, *The Truth and Legend of Lily Martindale* (2014 SUNY Press), won numerous national and regional awards. Her story “The Wives of Immanuel Kant” was published with *Hamilton-Stone Review* in November 2022. She is a member of “The Three Poets” with colleagues Marilyn McCabe and Elaine Handley, three-time winners of the Adirondack Center for Writing Poetry Award. In 2020 she was one of the poets represented in the Adirondack Center for Writing “Raining Poetry Project.” She is an instructor for the popular Anne LaBastille Women's Writing Weekend at Great Camp Sagamore in Raquette Lake, NY, and also teaches writing workshops for seniors in Saratoga County. Shartle has served on the board of the Adirondack Center for Writing and as a host during their 2022 KickAss Writers' Festival in Saranac Lake, NY. For more information: www.marysandersshartle.com “Writing Quietly, Reading Aloud.”

Leader: Gloria Marceau retired twice, 1st from Verizon and 2nd from Von Roll. Except for that bit of time lost during Covid, her retirement has been active: lots of traveling, learning, reading, knitting and socializing with friends. She has traced her genealogy to the 1600's, the files that were sent by the King to populate Quebec, the Arcadians, who were the original colonists in the Cape Breton area, the Dutch who settled New Amsterdam and the Mayflower. Gloria is descended from eleven passengers and has her official document as a descendant of Stephen Hopkins. Presently she is doing historic walking tours and spending the season at the racetrack.

THE INS & OUTS OF DINING OUT: ISSUES & INFORMATION OF WHAT GOES ON IN THE DINING ROOM (24) SUNY Adirondack Saratoga, 696 Route 9, Wilton

Tuesdays, 11:30 a.m. – 1:00 p.m., May 16, 23, 30, June 6, 13

There is a revolution in dining out. The average American regardless of age, income, status, or occupation eats out multiple times a week so we should know what we are doing. The course discusses the how-to's on navigating, understanding, and enjoying the restaurant experience. This class is going to cover the dining out and service experience, sort of a Front of the House 101. The instructor will share her ideas, thoughts, knowledge, pet peeves, and experiences to teach the consumer about everything from good service to bad customers, doggie bags to décor, sharing the bill to tipping the hostess, etiquette to atmosphere.

1. **Intro** Setting up for service, kinds of service, expectations
2. **Service** Right, left, timing, facts, issues, pet peeves
3. **Customer responsibility** It's a two-way street: complaining, returning, reviews, take your hat off, turn phone off
4. **The Experience** Now what do I do?
5. **Everything Else** What should I call you, eating with children, etc.

Leader: Anita Hanaburgh made restaurants her career. As a Professor of Hospitality Management for 25 years at Fulton Montgomery Community College, she taught 14 different courses. For 8 years she wrote a column called Anita Ala Carte. She holds a bachelor's degree in foods and nutrition and a master's degree in education. Her resume includes the Gideon Putnam, served athletes at the Olympics in Lake Placid, and Union Coach House in Saratoga. Anita has chaired over 20 community events, entertains at home, and has a banquet of information and stories to tell.

EXPLORING FORGOTTEN CROSSROADS OF SARATOGA COUNTY (30) Brookside Museum, 21 Fairground Ave, Ballston Spa

Tuesdays, 1:30-3:00pm, May 16, 23, 30, June 6, 13

The class will use the recently released Film "Bacon Hill – A Forgotten Crossroads" to explore various aspects of the history, memories and daily lives that hold small communities together while facing the challenges of modern life. In this course we will view segments of the film each week focused on specific topics and engage the class in discussions with the assistance of participants in the film. Forgotten Crossroads is a research project of the Saratoga County History Center to bring to life the small communities of Saratoga County unknown to most residents living in our cities and suburban developments.

1. Creating a project vision and local team.
2. Uncovering community and family history.
3. Capturing memories and oral narratives.
4. Discovering community social and economic bonds.
5. Visioning the future of forgotten crossroads

Leaders: **Jim Richmond** is the author and publisher of several books on local history. As a Trustee of the Saratoga County History Center, he has led several programs including weekly publication of historical articles written by local authors, development of a Black History exhibit at Brookside Museum, and currently directs the museum's Forgotten Crossroads video series. Assisted by **Dave Waite**, film videographer and **Anne Clothier**, Education Director at Brookside.

LESS THAN HUMAN: EUGENICS, IMMIGRATION RESTRICTION & JIM CROW RACISM (20) Presbyterian United Church of Christ, 24 Circular Street Saratoga Springs, NY

Tuesdays, 1:30-3:00pm, May 16, 23, 30, June 6, 13

We will explore how "true Americans" were historically defined as white Anglo-Saxon protestants (WASPs). People lacking these traits were considered inferior, often unfit to procreate or live. Darwin's On the Origin of Species, combined with Galton's Eugenics and Mendel's genetics studies incited righteous brutality, oppression and exploitation of non-whites, Catholics, Jews and other marginalized groups. The largely ignored eugenics mania for breeding "better babies" and "fitter families" consumed scientists, reformers, clergy, politicians, and most WASPs. Allied with Jim Crow racists and the "America First" movement to restrict immigration, American eugenicists also forged enduring partnerships with their admiring Nazi colleagues. We will also learn how "Race Science" underlying these atrocities was shattered by psychologists and anthropologists whose careful observations of human behavior refuted accepted theories.

1. Constitutionally White; Manifest Destiny.
2. Slavery, Reconstruction & Jim Crow.
3. Well-born: Eugenics & Breeding Pure Americans.
4. The Matrix We Built...
5. Revolution or Extinction

Texts: Suggested Texts (all available at SS Public Library):

Cohen, Adam (2016) Imbeciles: The Supreme Court, American Eugenics, and the Sterilization of Carrie Buck; Penguin Books; 2016; ISBN 978-1-59420-418-0; \$16.99 (Paper)

Okrent, Daniel (2019) The Guarded Gate: Bigotry, Eugenics, and the Law That Kept Two Generations of Jews, Italians, and Other European Immigrants Out of America; Scribner; ISBN 978-1-4767-9803-5; \$15.99 (Paper)

Brookwood, Marilyn (2021) The Orphans of Davenport: Eugenics, the Great Depression, and the War Over Children's Intelligence; Liveright Publishing; ISBN 978-1-63149-4868-0; \$25.95 (Hard)

Saini, Angela (2019) Superior: The Return of Race Science. Boston: Beacon Press. ISBN: 978-0-8070-7691-0. \$13.95 (Paper)

Leader: Mark Long – MPA, University of Georgia; B.A. Philosophy, Old Dominion University. Served 38 years in public health programs and human research protection with the Centers for Disease Control & Prevention (CDC), The University of Medicine & Dentistry of New Jersey (UMDNJ), St. Jude Children's Research Hospital and the Department of Veterans Affairs, Office of Research Oversight. OLLI/NCSU, ALL/Saratoga: Previously taught courses on public health, pharmaceutical regulation, development & research; history of science/research rebels; scientific atrocities & ethics; systemic racism, forest bathing.

WALKS IN NATURE WILTON WILDLIFE PRESERVE (15) on location, Wilton Wildlife Preserve and Park, Parking Lot Number 1, 80 Scout Rd, Wilton, NY 12831

Tuesdays, 1:30-3:00pm, May 16, 23, 30, June 6 and 13

For this series, we invite you to immerse yourself in nature! Each session will be a unique adventure and will explore a different trail through the diverse habitats of the Saratoga Sandplains and will include information on the flora and fauna of the habitats. Late spring is the season of the endangered Karner blue butterfly, so there is a possibility of seeing this species on the walks. Wilton Wildlife Preserve & Park's mission is "conserve ecological systems and natural settings while providing opportunities for environmental education and outdoor recreation." Led by experienced naturalists, the walk is geared towards gentle exercise and is for participants at basic fitness levels. Sessions will start at our Camp Saratoga North Trailhead (parking lot #1) to discuss the plans for the day and provide background information for what trailhead we will be exploring. Each adventure will take place on a different trail, and conditions can vary. Please wear sturdy, closed toe shoes and layered clothing, in addition to bringing any snacks and water. Regular walkers and experienced hikers should not have an issue. Hiking poles are encouraged as they provide additional support. Come join us this spring! **Leader:** Allyson Paradis: Environmental Education Coordinator at Wilton Wildlife Preserve & Park

WEDNESDAY SESSION 2

May 17, 24, 31, June 7, 14

THE PICARESQUE NOVEL – ORIGINS AND EVOLUTION – PART 1 THE ORIGINS (Part II to follow in the fall) (24)

SUNY Adirondack Saratoga, 696 Route 9, Wilton, NY 12831

Wednesdays, 9:30-11:00am, May 17, 24, 31, June 7, 14

How best to describe and judge an unjust cruel world? Perhaps in no better way than through comedy, satire, irony - visions of society no less serious or important than those treated in so-called "serious" works of art. The picaresque novel, from ancient Rome to modern times, has served this purpose better than any other genre. We will read and discuss some of the great examples in this tradition. So, if satire is your thing welcome aboard.

Texts: Petronius, *The Satyricon*; tr. P.G. Walsh; Oxford World Classics (1997), paperback. *Lazarillo de Tormes and The Swindler*; tr. Michael Alpert; Penguin Classics (1969), paperback; Apuleius, *The Golden Ass*, Trans. Robert Graves; FSG Classics - Paperback (2009).

Leader: Marino D'Orazio, a native of Italy, is an attorney who also holds a Ph.D. in Comparative Literature from The Graduate Center of the City University of New York. He has been a college professor of Italian and English and is a translator of both fiction and nonfiction books from the Italian. Most recently he has translated an award winning short story collection which he hopes to see published in the near future. He led Italian for Beginners Part 1 and Part 2, Contemporary American Short Stories and intermediate Italian and Dante's Divina Commedia, Imagining America, Stories from the Promised Land; Boccaccio's Decameron, Machiavelli's The Prince, and The Penguin Book of Italian Short Stories.

ENJOYING POETRY: WRITING AND READING (20) SUNY Adirondack Saratoga, 696 Route 9, Wilton, NY

Wednesdays, 11:30am – 1pm, May 17, 24, 31, June 7, 14

This course is open to all members who are interested in writing their own original poetry. We will be reading poetry of all kinds as well, from Shakespeare to contemporary poets, focusing on different poetic forms, and experimenting with writing those forms. We will use these poems as springboards for writing poetry. The course is primarily a writing course.

Participants will be encouraged to write and share their own work. All levels of experience and interest are welcome. This is not a repeat of previous study groups. We will be using different material than used in previous terms.

Leader: Janice Cutbush, a retired high school English teacher, is a published poet and writer who has won several prizes and contests. She has led 14 previous poetry writing study groups for A.L.L.

THURSDAY SESSION 2

May 18, 25, June 1, 8, 15

ALL THAT JAZZ (16) SOLD OUT The Summit (Theater Room), 1 Perry Rd., Saratoga Springs, NY 12866

Thursdays, 9:30-11:00am, May 18, 25, June 1, 8, 15

Leader: Rick Hasenauer has provided a number of music related courses focusing on the Blues, Gospel, Pop and Country genres as well as songs used in protest and reflection. Rick is past chair of the Academy's Executive Council and currently serves as chair of the Finance Committee.

MOREAU LAKE STATE PARK INTERPRETIVE HIKES (20) Moreau Lake State Park

Thursdays, 10am-1pm (NOTE: 3 hours) May 18, 25, June 1, 8, 15

Join environmental educators on guided hikes around Moreau Lake State Park. Each week a different trail will be chosen by group members. Learn about the native flora and fauna and the principles of Leave No Trace while getting fresh air, exercise and appreciating the natural beauty around us. We will be walking through woods, over rocks, roots, and sometimes streams. Please dress for the weather and wear sturdy, waterproof footwear.

Additional Cost: \$5 per hike

Leaders: Rebecca Mullins and Christine Lambert

OPERA FUNDAMENTALS (20) Saratoga Spa State Park, State Park Office Building (directly across the reflecting pool area from the Hall of Springs) 19 Roosevelt Dr. Saratoga Springs

Thursdays, 11:30am-1:00pm, May 18, 25, June 1, 8, 15

Students will learn a brief history of opera and will explore the different styles of opera and opera voices, along with notes on approaches to directing, staging, and costuming operatic works. The class will take a more in-depth look at Donizetti's 1843 Italian opera buffa *Don Pasquale* and Assad and Palmer's contemporary *The Selfish Giant* through studying their synopses and listening to selected arias. This class is sponsored by Opera Saratoga

Leader: Carol Markley is a member of the Board of Directors of Opera Saratoga, and a life-long opera fan. Other members of the Saratoga Opera company will also participate as class instructors/singers.

ITALIAN LANGUAGE AND CULTURE ADVANCED (15), Presbyterian United Church of Christ, 24 Circular Street, Saratoga Springs

Thursdays, 4:15 - 5:45pm, May 18, 25, June 1, 8, 15

Italy, and the spring and first love all together should suffice to make the gloomiest person happy. — Bertrand Russel.

Join us as we explore Italian language and culture through this informal, yet rigorous and participatory conversation group. Learn to express yourself accurately and authentically in Italian. This course will tackle more complicated verb conjugations and sentence structures while building a sophisticated vocabulary. This group is appropriate for anyone who would like to practice and learn in a fun, collegial atmosphere while honing his or her skills. Some prior knowledge of Italian is suggested; all eager conversationalists are welcome. Emphasis will be on accurate pronunciation and grammar usage in spoken Italian, with weekly discussions of current events and culture.

Readings and materials: *"Practice Makes Perfect Italian Sentence Builder"* by Paola Nanni-Tate, listed at \$13, published by McGraw-Hill and available at Amazon.com. Additional materials to augment the text will be provided by the instructor.

Leader: Francesca Cichello grew up in a trilingual home, with Italian, Spanish, and English spoken. Her formal study of Italian language and literature took place at Skidmore College, where she also was trained in the Rassias method and worked as a language driller for small groups of students throughout her undergraduate experience. She has previously led 19 Italian courses.

FRIDAY SESSION 2
May 19, 26, June 2, 9, 16

LOCAL WALKING TOURS (25) On location

Fridays, 9:30-11am, May 19, 26, June 2, 9, 16

Join us as we walk and learn about these wonderful places.

May 19. Congress Park and Tasting of the Springs. Gloria Jean Marceau We will meet at the Visitor Center and then cross over to the Park. Cups for tasting will be provided. Most walking is on flat surfaces though we do go up the hill to the Native Dancer statue then back down the hill.

May 26. Reading Room, National Museum of Racing & Hall of Fame, Oklahoma Track, and Fasig-Tipton Sales Pavilion. Join **Georgia Horner** and explore the areas surrounding the Saratoga Race Course. Meet on the southeast corner of Nelson & Union Avenues by the Reading Room.

June 2 Beekman Street Arts District, Just when you thought Saratoga couldn't get more appealing, along comes the next big thing: - a newly revitalized and bustling neighborhood located on the west side of Saratoga just a few blocks from Broadway. Tour the shops, galleries, and restaurants with Don Shore of L'esperance Tile Works and Cecelia Frittelli of Textile Studio

June 9 Ghosts and Graft, Gloria Jean Marceau Starting at OBI, we will walk the fault line and over Circular to Congress Park and then up Broadway. Ghostly tales and stories of Saratoga corruption.

June 16. Saratoga Springs' Broadway 1874, Gloria May

Leader: Gloria Marceau retired twice, 1st from Verizon and 2nd from Von Roll. Except for that bit of time lost during Covid, her retirement has been active: lots of traveling, learning, reading, knitting and socializing with friends. She has traced her genealogy to the 1600's, the filles that were sent by the King to populate Quebec, the Arcadians, who were the original colonists in the Cape Breton area, the Dutch who settled New Amsterdam and the Mayflower. Gloria is descended from eleven passengers and has her official document as a descendant of Stephen Hopkins. Presently she is doing historic walking tours and spending the season at the racetrack.

ACADEMY MEMBERSHIP APPLICATION AND COURSE REGISTRATION

Applications will be processed on a first-come, first-served basis. Applications will be accepted for open courses throughout the term.

Name _____
 Address _____
 City, State, Zip _____ Email _____
 Phone _____ Cell _____ Emergency contact/phone # _____

COURSE REGISTRATION: Please list your choices in order of preference and indicate session 1 and/or session 2. When listing your choices below, you will be enrolled in those courses and should pay for them now. Listing an alternate course (see alternate line below) indicates the course you wish to be enrolled in if any of your chosen courses are full when your application is processed. (HINT: List your preferred course that you predict might sell out as your first choice.)

First course _____ Session 2
 Second course _____ Session 2
 Third course _____ Session 2
 Fourth course _____ Session 2

If one of your courses is sold out at time of placement, you will be placed on a waiting list and enrolled in your alternate course. You will have the option of enrolling in additional courses in early April based on availability. Please wait to pay for additional courses until you register for them.

Alternate course _____ Session _____

MEMBERSHIP DUES and COURSE FEES

Membership: (Current Members Disregard)	\$75.00
First Course (\$50)	+ \$ _____
Second Course (\$50)	+ \$ _____
Third Course (\$50)	+ \$ _____
Fourth Course (\$50)	+ \$ _____
	Subtotal \$ _____

GIFT GIVING

I wish to be anonymous _____

A.L.L. Fund Contribution: Amount to be applied to

General Fund	\$ _____	
Endowment Fund	\$ _____	
Pat Leonard Assistance Fund	\$ _____	
		+Total Gift \$ _____
		TOTAL ENCLOSED \$ _____

Would you like to volunteer _____
 If you would prefer not to have your personal information shared, please check here _____ Please make checks payable to:
Academy for Lifelong Learning.

Mail application, payment and completed waiver to: A.L.L. Spring 2023 Registration, Academy for Lifelong Learning, PO Box 4395, Saratoga Springs, NY 12866

Are you a new member? _____ **If so, how did you hear about the Academy?** _____

ACKNOWLEDGMENT RELEASE AND WAIVER

The undersigned does hereby acknowledge that he/she is participating in a program or activity by or through the ACADEMY FOR LIFELONG LEARNING SARATOGA REGION, INC. Saratoga Springs, N.Y., referred to herein as "A.L.L."
 The undersigned does waive and release said A.L.L., A.L.L. staff, A.L.L. study group leaders, and A.L.L. Executive Council from any and all claims for injury or damage sustained by, through or as a result of said activity, and does further hold said A.L.L., A.L.L. staff, A.L.L. study group leaders, and A.L.L. Executive harmless for any claims resulting therefrom.

Yes _____ No _____ A.L.L. may reproduce for publicity and news releases any photo images of me taken while participating in A.L.L. activities. (If you've checked "NO," it is YOUR responsibility to remove yourself from the photo before it is taken.)

Date _____ Print name _____ Signature _____
 In case of emergency, please contact: _____ Phone _____