

*Academy for Lifelong Learning Saratoga Region, Inc.*  
Noncredit Courses for Adults

# 2023 Winter Semester

*Sponsored by Prestwick Chase*

## Course Registration

(Registration is now open for 5-week courses starting the week of January 23, 2023)  
Registrations will be accepted for open classes throughout the term.

## Includes Membership Application

(For more information on A.L.L., go to [www.allsaratoga.org](http://www.allsaratoga.org))



*Courses & Social Activities  
for Adult Learners*

**Winter course/study groups are offered in classrooms,  
outdoors, and by Zoom.**

Academy for Lifelong Learning Saratoga Region, Inc.  
PO Box 4395, Saratoga Springs, NY 12866  
[www.allsaratoga.org](http://www.allsaratoga.org)

Jeff Shinaman, Executive Director, (518) 290-6988, [Jeff@allsaratoga.org](mailto:Jeff@allsaratoga.org)  
Hours: Monday-Thursday, 8:30 a.m.-2:30 p.m.  
Lora Brown, Office Manager, (518) 290-6968, [Lora@allsaratoga.org](mailto:Lora@allsaratoga.org)  
Hours: Monday-Thursday, 8:30 a.m.-1:30 p.m.

## WHAT IS THE ACADEMY?

Founded in 1992, the Academy for Lifelong Learning Saratoga Region (A.L.L.) is a nonprofit membership organization with hundreds of members who share a love of learning. It is a self-funded, independent nonprofit designed to stimulate the mind and energize the body in classroom and social settings.

Winter 2023, 5-week term is January 23 through February 24  
Special Interest Groups and special events are run throughout the year.

## ACADEMY MEMBERSHIP DUES AND PRIVILEGES

### ANNUAL MEMBERSHIP – \$75

Membership is for 365 days from your join date.

### COURSE FEE - \$50 per 5-week course

Please see page 10 & 11 of this brochure for your application and waiver.

*Study Group Leaders receive a complimentary annual membership*

### Academy Membership entitles you to the following benefits:

- Eligibility to enroll in courses during the winter, spring, and fall terms
- Participation in the Academy's Clubs or Special Interest Groups.
- Stay informed on all special events, trips and programs (Academy Extras).
- Free subscription to *A.L.L.'s regular communications*.
- Opportunity to be an Academy volunteer and serve on Academy committees.
- Eligibility to submit work to "The Apple Tree," the Academy's literary and art journal.
- Have a vote at the annual meeting.

## A.L.L.'S SPECIAL INTEREST GROUPS (SIGs)

The Academy's membership committee organizes Special Interest Groups (SIGs), which are offered by our members. Bridge, book discussion, theater, classical music, gardening, golf, cross-country skiing, snow shoeing and walking groups are examples. Please contact Lois Pflomm for more information: [Lpflomm@yahoo.com](mailto:Lpflomm@yahoo.com)

## 2023 WINTER CLASS REGISTRATION

- **Registration is on a first come, first served basis. An email confirming your registration will be sent in January, or by mail for those without email.**
- **Applications for winter classes will be accepted by mail with payment. Registration will continue until classes are filled.**
- **After several weeks of registration, the open classes will be announced and registration for these classes will continue on a first come, first served basis by email or mail. This will require an additional payment for these additional classes.**

**Attendance Policy: Study group leaders and speakers volunteer their time to offer these educational classes and appreciate your attendance. Please let your study group leader and the Academy office know if you anticipate missing more than two classes.**

To encourage good discussion, study group sizes are limited. Please indicate your choice of courses in order of preference. If a study group is filled, you will be placed on a waiting list. Open classes will be announced in early January with registration on a first come, first served basis.

**Annual membership dues are \$75. Membership is valid for 365 days from your join date.**

## PAT LEONARD ASSISTANCE PROGRAM

Assistance is available for those demonstrating financial need. For assistance, send your request to: A.L.L. Executive Director, PO Box 4395., Saratoga Springs, NY 12866.

## **REFUND POLICY**

If you have to drop a class, a refund less \$25 processing fee will be granted up to December 30. From December 30 to January 23, a refund less \$25 processing fee will be granted for health reasons only. Requests after January 23, 2023 will be considered on a case-by-case basis. Membership dues are nonrefundable. If A.L.L. cancels a study group, you're welcome to apply for another open class. Refunds or credit for classes canceled by A.L.L. will be given without penalty, your choice.

## **ACCESSIBILITY**

When in-class, most A.L.L. study groups, except for outdoor groups and meetings at homes, are handicapped accessible.

## **SEMI-ANNUAL FUND DRIVE**

As with other nonprofit organizations, A.L.L. membership dues and class fees are not sufficient to support the continued growth of the program. In lieu of a large dues increase and recognizing that limited funds may be expected from outside sources, the Executive Council has established a semi-annual fund drive for endowment and operational purposes. This enables donors to make contributions to fulfill our mission and maintain the caliber of programs members have come to expect. If you would like to join others in supporting the present and future of your organization, please indicate your contribution on the membership application. Please also consider making a bequest to the Academy for Lifelong Learning in your will.

## **ADDRESSES OF IN-PERSON STUDY GROUP LOCATIONS**

**Moreau Lake State Park, 605 Old Saratoga Road (Route 9), Gansevoort**  
**Wilton Wildlife Preserve and Park, 80 Scout Road, Gansevoort**  
**Saratoga Springs Senior Center, 5 Williams Street, Saratoga Springs**  
**Coburg Village, Coburg Village Way, Rexford**  
**The Summit (Theater Room), 1 Perry Rd., Saratoga Springs**  
**Tang Teaching Museum at Skidmore College, 815 North Broadway, Saratoga Springs**  
**Presbyterian-New England Congregational Church, 24 Circular St, Saratoga Springs**

***A.L.L. does not assume responsibility for bodily or personal injury or property damage in any way related to an A.L.L. field trip, Special Interest Group activity, study group or special event. You are at your own risk. If carpooling, please choose drivers and passengers to your satisfaction.***

**IMPORTANT TO NOTE: Classes will be postponed due to inclement weather if Saratoga Springs City School District is closed or postponed unless otherwise instructed by your study group leader.**

## A.L.L. STUDY GROUPS FOR WINTER 2023

*Study groups are 5 weekly sessions within these dates, **January 23 – February 24** unless otherwise noted. This chart identifies: **Study Group Title** –day/time Zoom or in person/on location. Check descriptions for specific dates. Some days, times, and locations may change.*

### 5 weeks, January 23 – February 24

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8:00 – 11:00 AM</b>			Moreau Lake Interpretive Hikes and Snowshoeing		
<b>9:30-11:00 AM</b>		Contemporary Short Stories (Zoom)  Making Sense of Investing (Zoom) Jan 31-Feb 28	Music Genre Sampler at The Summit		
<b>10:30 AM -12 PM</b>				Let's Have a Tea Party! SS Sr Ctr	Exploring Art at the Tang – Skidmore College
<b>11:30 AM-1:00 PM</b>	Monday Speaker Series SS Sr Ctr	Snowshoeing in the Saratoga Sandplains with Wilton Wildlife Preserve and Park		The Ancient Art of Go (Zoom)	
<b>1:00 – 2:30 PM</b>		The Good, The Bad, & The Ugly PRES NECC		The Tao of Go – An Exploration of the Dualities of the Game (Zoom)	
<b>1:00 – 3:00 PM</b>	Moreau Lake Hikes for Beginners				Films on the American Revolution (Coburg Village)
<b>1:30 – 3:00 PM</b>	Art History & Anatomy SS Sr Ctr		A Great Chinese Thinker: Xunzi (Shoon-dzuh) (Zoom)		
<b>3:00 – 4:30PM</b>				Italian Advanced TBD	

## WINTER 2023 STUDY GROUPS DESCRIPTIONS

*Classes limited to the number of students in parenthesis ( ).*

**PLEASE CONSIDER SUPPORTING OUR LOCAL BOOKSTORES, BARNES & NOBLE AND NORTHSHIRE, WHEN PURCHASING BOOKS FOR STUDY GROUPS.**

**MONDAYS Jan 23, 30, Feb 6, 13, 20 (or 27)**

**MONDAY SPEAKER SERIES (20) Saratoga Springs Senior Center, 5 Williams Street, Saratoga Springs Mondays, 11:30am- 1pm PLEASE NOTE: February 20<sup>th</sup> is Presidents Day and class will not meet.**

This study group features presentations and discussions on a different subject each week.

**Jan 23** "Finding Lillie," a novel concerning a wealthy widow who doesn't fit in with the expectations of society at the end of the Gilded Age. It takes place in 1903-05 in New York City, the Thousand Islands and Saratoga Springs, Kate Ferris

**Jan 30** Jane McCrea. What Do We Know About Her? And What Don't We Know? Jim Sefcik

**Feb 6** TBD

**Feb 13** TBD

**Feb 27** TBD

**MOREAU LAKE HIKES FOR BEGINNERS (12) Moreau Lake State Park**

**Mondays 1-3pm (note: 2 hours) Jan 23, 30, Feb 6, 13, 20**

Rebecca and Christine will lead weekly hikes in Moreau Lake State Park. These hikes are designed for those hikers with less experience. We will be walking through woods over rocks, roots and sometimes streams.

Please plan and dress accordingly

**Cost:** \$5 per hike, included in the price is the rental of snowshoes for the hikes.

**Leader:** Rebecca Mullins

**ART HISTORY AND ANATOMY: HOW ART AND SCIENCE OF THE HUMAN BODY HAVE INFLUENCED EACH THROUGH THE AGES (20) Saratoga Springs Senior Center, 5 Williams Street, Saratoga Springs Mondays, 1:30-3pm NOTE: February 20<sup>th</sup> is Presidents Day and class will meet on February 27<sup>th</sup>.**

How does a surgeon who is also an artist interpret art history in terms of the biology of the human body and how it was represented throughout history? Find out and join me in this unique journey on how artists and scientists use different venues to describe the human body and the human condition from their perspective. Art history, more than other forms of history, is often very subjective. Therefore, discussions and other viewpoints are most welcome. I promise you will not find similar presentations on this topic anywhere, nor by anyone qualified to speak from both the artistic and scientific approach.

No required reading, but articles will be distributed on select topics, and books will be recommended.

**Leader:** Gerald Stulc is a surgeon who majored in art and art history in college before entering medical school and continues to paint and draw in his retirement. He has offered a plethora of courses at the Academy.

**TUESDAYS Jan 24, 31, Feb 7, 14, 21**

**CONTEMPORARY SHORT STORIES (20) Zoom**

**Tuesdays, 9:30-11:00am**

Olga Tokarczuk, the winner of the 2018 Nobel Prize in Literature, has said that the short story is the most perfect and the most demanding form of prose. Although short form storytelling is one of the oldest forms of literature, this class will explore the modern short story through a selection of stories from the 2022 O. Henry prize winners. Each week we will explore the literary elements in two short stories.

**Text:** The Best Short Stories: the O. Henry Prize Winners. Edited by Valeria Luiselli. Anchor Books, NY: 2022. ISBN: 978-0-593-46754-1, Paperback listed at \$18.00

**Leaders:** Carolyn Pasley – Retired Associate Counsel for SUNY, English Literature major and book worm. Deborah Titolo – Retired high school librarian; has facilitated an international literature book club for 7 years. Carolyn and Deborah have led literature classes in Winter and Fall 2021, and in Winter 2022.

## **MAKING SENSE OF INVESTING (10) Zoom**

**Tuesdays, 9:30– 11:00am, Starting January 31 – February 28**

Investment performance is often not logical. This study group will discuss and investigate the reasons why investments don't always behave as expected. It will include a basic review of investment types and their characteristics. Covered investment types will include, but are not limited to: stocks, bonds, mutual funds, annuities and insurance. Additionally, we will explore the concept of risk and how it relates to return. Should one accept, manage or insure their financial risks? These are the questions we will learn to ask ourselves as we consider our own investment objectives. Throughout this workshop we will be relating what we learn to current and historical investment scenarios. Other topics such as retirement, education and estate planning will be covered as they relate.

**Leader:** Rob Snell is a financial advisor for Edward Jones. He led this class multiple times before and has offered a Spring Birding class the during spring terms.

## **SNOWSHOEING IN THE SARATOGA SANDPLAINS (15) Wildlife Preserve & Park, 90 Scout Road, Wilton Tuesdays, 11:30am-1:00pm., Parking Lot 1 at 90 Scout Road, Wilton**

We invite you to explore nature during the wintertime with Wilton Wildlife Preserve and Park! Each session will include a guided trail walk exploring the Saratoga Sandplains diverse ecosystem. The focus is to learn about the flora and fauna including animal tracking, adaptations, tree identification and more! These walks are led by experienced naturalists and geared towards moderate fitness levels. Participants should come dressed layered and bundled for the winter weather and expect to walk about 2 miles each session. Hiking poles are always encouraged, and it will be led on snowshoes and/or micro-spikes. Don't have snowshoes? No worries! You can rent out a pair with WWPP for just \$3 at the beginning of each hike! See you on the trails!

1. Winter Animal Lifestyles
2. Winter Animal Adaptations
3. Winter Tree Identification
4. Winter Tree Identification
5. Winter Discovery

**Leaders: Allyson Paradis:** Environmental Education Coordinator at Wilton Wildlife Preserve and Park, BS in Environmental Science, Siena College. Past: Stewardship Assistant at New York State Parks, Recreation, Historic Preservation; Wildlife Unit Biologist at New York State Parks, Recreation, and Historic Preservation; Research Assistant for Coyote Diet Ecology, Siena College. **Lily Esposito:** Volunteer and Stewardship Coordinator at Wilton Wildlife Preserve and Park, BA in Environmental Studies and Sociology, Skidmore College. Past: Snowboard Guide at Stowe Resort and Big Sky Rest; Whitewater Raft Guide at Nantahala Outdoor Center and Wild Water Outdoor Center.

## **THE GOOD, THE BAD & THE UGLY: PUBLIC HEALTH'S CONSTANT BATTLE TO DEFEND HUMANITY (20) Presbyterian-New England Congregational Church, 24 Circular St, Saratoga Springs Tuesdays, 1-2:30pm**

Tuskegee, Swine Flu, Violence Against Women, Opioids...Public health (PH) is controversial, political, and considered too expensive until an epidemic or a disaster hit. PH is a young discipline; it arose in the 1800s. The Centers for Disease Control & Prevention (CDC) and their allies defend humanity against infections, like Influenza, COVID-19, and HIV; climate change, pollution, and starvation; mental health issues like depression, addiction, and suicide; and lifestyle-related factors such as sedentary inactivity and malnutrition. We'll discuss PH triumphs, failures, and abuses, including social determinants of health due to our deep heritage of economic and political injustice. A key concept will be humanity's failure to build a global public health network to protect us from an onrushing horde of threats to our species' survival.

1. Roots & Origins: Dick Whittington's Cat; The Broad Street Pump; Wash Your Hands, Doc!
2. 1850 – 2023: Perpetual Revolution
3. We Have Met the Enemy, and He is Us.
4. Social Disparities – the cost of injustice
5. Will we survive this century?

**Text:** The Premonition: A Pandemic Story. (2021). Michael Lewis, W.W. Norton: New York. ISBN: 978-0-393-88155-4 (Suggested) \$13.48 (Amazon) \$17.95 (Northshire) \$17.95 (Barnes & Noble) Bibliography and relevant links will be shared.

**Leaders: Mark Long** – MPA, University of Georgia; B.A. Philosophy, Old Dominion University. Served 38 years in public health programs and human research protection with the Centers for Disease Control & Prevention (CDC), The University of Medicine & Dentistry of New Jersey (UMDNJ), St. Jude Children's Research Hospital and the Department of Veterans Affairs, Office of Research Oversight. **Katie Long** – M.A., Philosophy, New York University; B.A., Philosophy, Old Dominion University. Technical writer/editor 33 years: legal, engineering, public health, educational video productions, pharmaceutical medical education, and thought leader meeting proceedings. Now - artist and Certified Zentangle Teacher (CZT).

**WEDNESDAY Jan 25, Feb 1, 8, 15, 22**

**MOREAU LAKE INTERPRETIVE HIKES AND SNOWSHOEING (12) Moreau Lake State Park  
Wednesday 8am-11am (NOTE: 3 hours)**

Rebecca and Christine will lead weekly interpretive hikes in Moreau Lake State Park. These hikes will be snowshoe hikes, if weather allows. Hikes will be up to 4 miles and include some elevation changes. If the conditions do not allow for snowshoes, please prepare to hike. Please plan and dress accordingly. We will be walking through woods over rocks, roots and sometimes streams.

**Cost:** \$5 per hike, included in the price is the rental of snowshoes for the hikes.

**Leader:** Rebecca Mullins

**MUSIC GENRE SAMPLER (20) The Summit (Theater Room), 1 Perry Rd., Saratoga Springs, NY 12866  
Wednesdays, 9:30-11:00am, January 25, February 1, 8, 15, 22**

***Due to possible limited parking, carpooling is recommended. You may park in the front lot or on the drive in front of the lot. Enter the main front door of the building.***

The class members will enjoy featured selections of music each week that represents a genre or subgenre of the featured style. The class will learn about why certain songs and artists reflected our culture and impacted society. The styles to be discussed are Blues, Country, Jazz, Folk and Rock.

**Leader:** Rick Hasenauer has been volunteering with the Academy since 2014 as Group Leader, Council Chair and most recently as Finance Committee Chair. While not a musician, Rick is an avid music collector and enjoys sharing information on the various styles and influence of musical works and those that create and perform them. Rick has previously offered full courses on many of these genres as well as speaker series classes on an award-winning music video and other topical music themes.

**A GREAT CHINESE THINKER: XUNZI (SHOON-DZUH) (10) Zoom  
Wednesdays, 1:30-3:00pm**

"Learning should never cease," said Xunzi (Hsun-tzu, Shoon dzuh, fl. 386 B.C.E.) He focused on attainable goals and wise choices in friends, conversations, and governments. Join Margaret Pearson, who has studied and taught his thought for decades, as we discover ways in which his ideas may be useful in our own lives. We all select goals, friends, and conversational strategies: read and compare his thoughts to yours.

1. Learning should never cease (and background info)
2. Practical politeness (on Rites)
3. Nature, Religion, and feasible goals
4. Social cooperation
5. Government issues then and now

**Text:** Xunzi: Basic Writings (same as Hsun-tzu: Basic Writings, translated by Burton Watson, who taught Margaret. (Columbia University Press)

**Cost:** No costs but used book (try abebooks.com)

**Leader:** Margaret Pearson studied the Chinese text in Taiwan and taught it for thirty years at Skidmore College and (once) at the New School for Social Research, in the context of other early Chinese texts and history. She has led the Changing with the Book of Changes classes for several semesters at the Academy.

## THURSDAYS Jan 26, Feb 2, 9, 16, 23

### **LET'S HAVE A TEA PARTY! (15) Saratoga Springs Senior Center, 5 Williams Street, Saratoga Springs Thursdays, 10:30am -12noon**

The second most consumed beverage in the world behind water is—you guessed it—tea! All true tea comes from the same plant, the *camellia sinensis*. This includes all black, green, white, oolong and pu'erh (fermented) teas. Although known in the US as “tea”, herbals or tisanes such as chamomile do not contain any true tea leaves. How the *camellia sinensis* leaves are processed determine the type of tea that results.

In this class, we will examine the complicated history of tea including colonialism, wars and ancient trade routes. We will learn about caffeine content and the purported health benefits of different teas and examine meaningful flavor related concepts such as oxidation and astringency. But most of all, we will discuss proper steeping methods while tasting a wide variety of freshly brewed tea each week—no tea bags here!

So, bring your grandmother's favorite teacup, sit back and let your senses take in a new flavor all while enjoying good company and interesting conversation. Please note that the teas will contain caffeine.

Week One: White tea

Week Two: Green tea and matcha

Week Three: Black Tea

Week Four: Oolong and Pu'erh

Week Five: Herbal Tisanes

**Cost:** There is a \$15 additional materials fee for this course that will be collected by your instructor during the first class.

**Instructor:** Kathy Welch traveled Asia as an attorney for General Electric steeping herself in the many flavors of tea along the way. She is a certified grade school through high school teacher and has taught a wide variety of courses for A.L.L.

### **THE ANCIENT GAME OF GO — A WINDOW INTO ASIAN CULTURE AND HISTORY (10) ZOOM**

#### **Thursdays, 11:30am – 1:00pm**

Go is a board game with deceptively simple rules invented in China over 3,000 years ago, and currently rising in popularity across the globe. Go's influence on Asian history and philosophy, and vice versa, are discussed. Students will be introduced to the rules and simple tactics and strategies while playing on <https://online-go.com>

1.China – Rural Beginnings – Go, a Child's Game – The Rules of Go – Intro to 9x9 board

2.China – The Spring and Autumn Period – Go gets Serious – Confucian Strategy

3.Japan – The Rise of Edo – Go goes Professional – Capturing Tactics

4.Japan, Germany, and America – The Fall of Edo – Go goes West – Initiative and Endgame

5.Go Goes Global – The Rise of the Machines – Patterns

**Leader:** Patrick King is a lifelong chess enthusiast and teacher. He has experience in education in academia and industry. He was introduced to Go during the pandemic and wants to share his new obsession.

### **THE TAO OF GO – AN EXPLORATION OF THE DUALITIES OF THE GAME (10) Zoom**

#### **Thursdays, 1-2:30pm**

This course is a follow-on to “The Ancient Game of Go” and assumes a basic knowledge of the rules of play. The conflicting and balancing concepts of the game are examined through the lens of the ancient philosophy of Taoism. Game play will be on <https://online-go.com>

1.Taoism – Lao Tze vs. Confucius – Introduction to the 13x13 board

2.Pu, the Uncarved Block – Unlearning – Loosening up on “Confucian Strategy”

3.Wu Wei, “Acting without Acting” – Influencing your opponent, Joseki Beginnings

4.Yin and Yang – Joseki Goals and Outcomes – Who has Initiative?

5.Seki, Mutual Life – Make it a Tactic, not an Accident!

**Leader:** Patrick King is a lifelong chess enthusiast and teacher. He has experience in education in academia and industry. He was introduced to Go during the pandemic and wants to share his new obsession.



**ITALIAN LANGUAGE AND CULTURE ADVANCED (15) TBD****Thursdays, 3-4:30pm**

*Italy, and the spring and first love all together should suffice to make the gloomiest person happy.* – *Bertrand Russel* Join us as we explore Italian language and culture through this informal, yet rigorous and participatory conversation group. Learn to express yourself accurately and authentically in Italian. This class will tackle more complicated verb conjugations and sentence structures while building a sophisticated vocabulary. This group is appropriate for anyone who would like to practice and learn in a fun, collegial atmosphere while honing his or her skills. Some prior knowledge of Italian is suggested; all eager conversationalists are welcome. Emphasis will be on accurate pronunciation and grammar usage in spoken Italian, with weekly discussions of current events and culture.

**Readings and materials:** *“Practice Makes Perfect Italian Sentence Builder”* by Paola Nanni-Tate, listed at \$13, published by McGraw-Hill and available at Amazon.com. Additional materials to augment the text will be provided by the instructor.

**Leader:** Francesca Cichello grew up in a trilingual home, with Italian, Spanish, and English spoken. Her formal study of Italian language and literature took place at Skidmore College, where she also was trained in the Rassias method and worked as a language driller for small groups of students throughout her undergraduate experience. She has previously led 17 Italian classes.

**FRIDAYS Jan 27, Feb 3, 10, 17, 24****EXPLORING ART AT THE TANG TEACHING MUSEUM at Skidmore College (15)****Fridays, 10:30am – 12:00pm**

Explore exhibitions at the Tang Teaching Museum

Visual Thinking Strategies

Tour of Collections

Tour of Oh Me Oh My

Tour of Math in the Museum &amp; Parallax

Close Looking and artistic response

**Leader:** Njeri Jennings, Laurie M. Tisch Educator, TANG, Skidmore College**FILMS ON THE AMERICAN REVOLUTION (30) Coburg Village, Coburg Village Way, Rexford, NY 12148****Fridays, 1:00 – 3:00pm**

**Leader:** Jim Sefcik has taught undergraduate and graduate courses on the American Revolution at colleges in Pennsylvania and Louisiana as well as in ALL programs in MA and NY, especially with ESC.

# ACADEMY MEMBERSHIP APPLICATION AND COURSE REGISTRATION

*Applications will be accepted for open courses throughout the term.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ Emergency contact/phone # \_\_\_\_\_

**COURSE REGISTRATION:** Please list your choices in order of preference and indicate session 1 and/or session 2. When listing your choices below, you will be enrolled in those courses and should pay for them now. Listing an alternate course (see alternate line below) indicates the course you wish to be enrolled if your first or second course is already full when your application is processed. (HINT: List your preferred course that you predict might sell out as your first choice.)

First course \_\_\_\_\_

Second course \_\_\_\_\_

Third course \_\_\_\_\_

Fourth course \_\_\_\_\_

*If any of your choices are sold out at time of placement, you will be placed on a waiting*

## MEMBERSHIP DUES and COURSE FEES

Annual Membership: Valid for one year from today: Date \_\_\_/\_\_\_/\_\_\_ \$75.00 \$ \_\_\_\_\_

First Choice (\$50) +\$ \_\_\_\_\_

Second Choice (\$50) +\$ \_\_\_\_\_

Third Choice (\$50) +\$ \_\_\_\_\_

Fourth Choice (\$50) +\$ \_\_\_\_\_

Subtotal \$ \_\_\_\_\_

## GIFT GIVING

I wish to be anonymous \_\_\_\_\_

A.L.L Fund Contribution: Amount to be applied to

General Fund \$ \_\_\_\_\_

Endowment Fund \$ \_\_\_\_\_

Pat Leonard Assistance Fund \$ \_\_\_\_\_

+Total Gift \$ \_\_\_\_\_

**TOTAL ENCLOSED \$ \_\_\_\_\_**

Would you like to volunteer? One-time event \_\_\_ Committee? \_\_\_\_\_ Course Moderator? \_\_\_\_\_

If you would prefer not to have your personal information shared, please check here \_\_\_\_\_

Please make checks payable to: **Academy for Lifelong Learning.**

**Mail application, payment and completed waiver on the next page to:** A.L.L. Winter 2023  
Registration, Academy for Lifelong Learning, PO Box 4395, Saratoga Springs, NY 12866

How did you hear about the Academy? \_\_\_\_\_

Are you a new member? \_\_\_\_\_

## ACKNOWLEDGMENT RELEASE AND WAIVER

The undersigned does hereby acknowledge that he/she is participating in a program or activity by or through the Academy for Lifelong Learning Saratoga Region, Inc., referred to herein as "A.L.L."

The undersigned does waive and release said A.L.L., A.L.L. staff, A.L.L. study group leaders, and A.L.L. Board of Directors from any and all claims for injury or damage sustained by, through or as a result of said activity, and does further hold said A.L.L., A.L.L. staff, A.L.L. study group leaders, and A.L.L. Board of Directors harmless for any claims resulting therefrom.

Yes \_\_\_\_ No \_\_\_\_ A.L.L. may reproduce for publicity and news releases any photo images of me taken while participating in A.L.L. activities. *(If you've checked "NO," it is YOUR responsibility to remove yourself from the photo before it is taken.)*

---

 Date

---

 Print name

---

 Signature

In case of emergency, please contact:

---

 Print name

---

 Emergency Contact Phone

**PLEASE COMPLETE THIS WAIVER AND SEND IT WITH YOUR APPLICATION/REGISTRATION.**



This publication made possible through funding from:

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